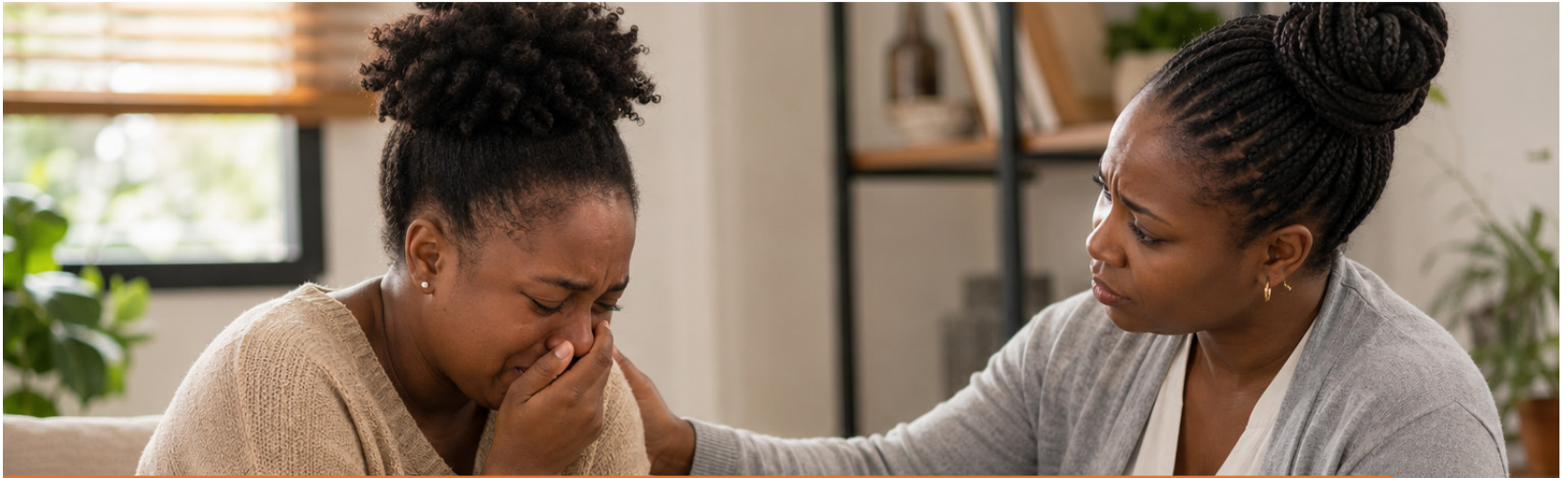




COMMUNITY COHESION
Not FOR, but WITH



UNDERSTANDING THE PSYCHOLOGICAL IMPACT OF GENDER-BASED VIOLENCE.

A Clinical and Trauma-Informed Perspective



About the Workshop

This two-day workshop equips professionals who support survivors of GBV with practical, trauma-informed tools to understand trauma, survivor behaviour, mental health impacts and compassionate care.

WHO SHOULD ATTEND?

- g? Social workers, auxiliary social workers and counsellors
- g? Child and youth care workers, victim support personnel and frontline GBV responders
- g? Community development practitioners, educators and health professionals

KEY TOPICS

- 📄 Trauma, the brain and survivor behaviour
- 📄 Trauma bonding, learned helplessness and mental health impacts
- 📄 Intergenerational trauma and trauma-informed practice
- 📄 Avoiding re-traumatisation, practitioner wellness and self-care

INTERACTIVE LEARNING

- 📖 Case studies, group discussions and practical exercises
- 📖 Role plays, reflective learning and action planning

PARTICIPANTS RECEIVE

- ✅ Certificate of Attendance
- ✅ Workshop Resource Materials
- ✅ Opportunities for Professional Networking

**REGISTER
NOW**

LIMITED SPACES

REGISTRATION CLOSING DATE: 26 JUNE 2026

LIMITED SPACES AVAILABLE EARLY REGISTRATION IS ENCOURAGED TO SECURE YOUR PLACE.

✉ admin@ilithalabantu.org

☎ 021 633 2383



Wednesday
1-2 July 2026



Daily
9H00 - 16H40



Bertha Spaces NPC
67-69 Main Road,
Mowbray, Cape Town